

# HAPPY VALLEY PRIMARY SCHOOL

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## <u>Week 4 - Term 2</u>

Dear Families,

#### <u>Pedal Prix</u>

Saturday 20th May was both exciting and nerve raking for Rohan, Emma, Conner, Braxton, KC,

Ayden, Rhys and Skyla and their families. It was our first round of the Australian Human Powered Vehicle Super Series, held at The Bend Racetrack in Tailem Bend. They had a very early start, arriving at the track before 8am to set up tents and their pits for the vehicle, Valley Viper. Only three of our riders have competed before, so a team walk of the track was a good idea. Conner was chosen as 'first rider' so he was out on the grid by 9:30am. There was a huge cheer from the crowd at 10am as over 150 vehicles were flagged off for the 6 hour race.

Although most of our riders were inexperienced, the support and encouragement from other riders and families helped them and after the first hour we were in 8th place out of 22 primary schools. Rohan showed his strength and speed by clocking up the third fastest time of all primary schools and helping us pull forward into

5<sup>th</sup> place. We kept the fast times and finished the race in an amazing 5th place. Thank you to all parents and extended family for supporting these riders and their Valley Viper. Sarah took the vehicle up to The Bend on Friday for scrutineering and Daniel kept Viper in very good racing condition for all those 6 hours. James was our main Marshall with Anna learning from him and the other parents supported the students in the pits.

Instead of having a rest after school on Tuesday, all riders were at training; very enthusiastic running through pit change over continuously to improve their times.

Next race is Sunday 18th of June at Victoria Park in Adelaide.

### Eco Leaders - Youth Environment Leaders Program (YELP)

Tuesday 23rd May was the first Youth Environment Leaders Program for the year. YELP is a Green Adelaide initiative with support from both Onkaparinga & Marion Councils. It was held at Belair National Park. Our year 6 Eco Leaders attended – Emma, Hilary, Jack, Isabella, Ruby, Carys and Evie.

The day started with a game of outdoor bingo, encouraging the students from HVPS, Coromandel PS, Theile PS, Nativity PS and Craigburn PS to look in more depth at the area around the shed and Main Oval. The icebreaker was fun – students had a native animal picture pinned to their back and had to ask everyone 10 questions to try and work out what their animal was.

The next activity was to write a 2043 Advertiser headline that you would like to see written about our school. After much discussion they decided they wanted to be known as The Most Sustainable School in the World! After all, we already grow our own food, all we need is sheep on the oval for us to shear to make our school



Term 2 DATES FOR YOUR DIARY • King's Birthday Public Holiday Monday 12<sup>th</sup> June

- NAIDOC Week 3<sup>rd</sup> 7<sup>th</sup> July
- Jam Band & Last Day of Term 2 Friday 7<sup>th</sup> July





uniforms. We were then given time to work on our Project for this year which is to build a frog pond. In the last hour and a half, we walked an orienteering course around the Playford Lake.

#### **Executive Functioning**

In Term 1, Katharine Pooley attended a two-day Professional Learning Workshop run by Positive Partnerships.

Positive Partnerships work with parents, carers, and educators of school- aged children on the autism spectrum to provide current, relevant, and evidencebased information through workshops and online resources (Positive Partnerships Website).

At our week 3 Staff meeting, Katharine shared some of her learning from this workshop focussing on supporting students' Executive Functioning Skills. Executive Functions are skills performed by our brain that help us to control and manage our thoughts and actions.

Each student has their own set of strengths and support needs across the Executive Functioning There are two main areas for executive functioning skills:

#### Choose goals & achieve them Guide behaviour

- · Planning: This includes deciding on what's important (and not important) and then making a plan to get a task done. It includes the ability to sequence sections of the tasks in order, to best achieve the overall task.
- · Organisation: This is about staying on task and the preparation of what is needed to undertake the task. For example; collecting equipment at the end of a lesson in preparation for a transition to another lesson.
- Time management: This involves understanding how important time is and how to get jobs done on time.
- · Working memory: This is being able to remember information while working on other tasks.
- Thinking about our own thinking: This includes checking on how things are going for ourselves.

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- · Response inhibition: This is about stopping ourselves from doing something so that we can think through what we should do next.
- Emotional control: This is about managing emotions so that we can finish a task.
- Attention: This involves being able to pay attention to a task we need to do, even if we're bored or tired.
- Task initiation: Being able to start a job when needed.
- Flexibility: Being able to change plans.
- · Persistence: This is about being able to keep going to finish a job and re-visiting the job if necessary.

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areas. Teachers work together with students and families to develop and support these skills.

### Kiss & Drop – Greenbriar Avenue

Greenbriar Avenue is for parents/caregivers to quickly drop off and/or collect their child/ren from school. Please do not park in Kiss & Drop as it prevents the traffic from flowing and causes unnecessary congestion. If you need to park your vehicle, please use an alternate place. The council have been known to hand out infringement notices in the past.

Kind regards, Paul, Jackie and Katharine