

INJERA

INGREDIENTS:

- 2 cups whole wheat flour
- 1 cup all-purpose flour
- ½ tsp. baking soda
- 4 cups club soda
- ¼ cup white vinegar

METHOD

1. In a large bowl blend the flours and baking soda
2. Add the club soda and vinegar and whisk into a thin batter (should be much thinner than pancake batter)
3. Heat a large non-stick pan on medium-high heat and spray/coat well with oil.
4. Ladle about ¾ cup of batter into the pan and quickly shake it around to coat the bottom.
5. Cover and allow to cook through for 2 minutes
6. Uncover and cook until you can see tiny air bubbles coming through
7. Only cook on one side, it should slide right off the pan onto a plate