



HAPPY VALLEY PRIMARY SCHOOL NEWSLETTER

20th June

Respect

Responsibility

Integrity

Mrs James and Angela's Year 1-2's

dates to Remember

25th June
Fitness Club /
Coffe Van

27th June
Fitness Club /
Garden Market
SAPSASA Netball

28th June
Assembly
presented by Miss
Viki's Year 4/5's

1st July
Casual Day

2nd July
Fitness Club /
Coffee Van

3rd July
State Rugby
Carnival
Big 6 Workshop
9:15-10am

Reports Going
Home

4th July
Fitness Club /
Garden Market

5th July
2:15pm Finish

In Science this term we have been looking at how changes occur to many substances around us every day. We had to work in teams of 3 or 4 to investigate water and how it can change state by melting or freezing.



We found out that the ice-block out of the wrapper melted more quickly than the one left in the wrapper. The ice-block out of the wrapper took about 35 minutes to melt and the one in the wrapper took 15 minutes longer.



The next day we put the ice-blocks that were still in the wrappers back into the freezer. It took a long time for them to freeze – more than 5 hours!

We had lots of fun learning about how water changes state.

We were given two ice-blocks. We had to take one of them out of the wrapper and leave the other one as it was.

We made predictions on how long the ice-blocks would take to melt and if they would melt at the same time. Then we took photos of the ice-blocks every 5 minutes to record what happened.



Then we asked the questions:

"Could the water go back to its original state?"

"How could we find out?"



PRINCIPAL'S REPORT

Interoception is an internal sensory system in which the internal physical and emotional states of the body are noticed, recognised and responded to. Interoception skills are required for a range of basic and more advanced functions such as knowing when you are hungry, tired, hot, happy, upset, calm etc. For some, this "knowing" needs to be taught. When children and students have not yet developed interoception skills they will struggle with not only their own emotions but with social interactions and even just being around others may be difficult for them to manage.

Children and students with well-developed interoception are able to use both logic and emotions to respond to their environment, whereas those without tend to rely on logic and have to carefully think through their possible responses to each situation. Thinking through each situation long term can be extremely tiring and can contribute to overload, shutdown, meltdowns, anxiety and depression (The Department for Education, 2016, Interoception 101).

At Happy Valley, many of our teachers and SSO's who work with our children have attended Professional Development workshops and they include strategies for developing interoception in their teaching and working with children every day. Some of our students attend sessions during the week where consolidating interoception skills are a focus.

We are extremely pleased to announce that we have been given a grant to enable us to further our work with children and our own knowledge in this area. Watch this space.

Big Six Literacy workshop

Oral Language Phonics Phonological awareness Vocabulary Comprehension Fluency

As per last newsletter, we are offering a workshop for parents to learn more about The Big Six and how all six components contribute to being able to read and to being literate. Dana Lauck our learning coordinator along with our Reception teacher, Anthea Bartlett will present the workshop for interested parents.

Wednesday 3rd July 9:15 – 10:00 in the library.

The target audience is parents of children from Reception to Year 3, however all are very welcome to attend.

Please book a place with Courtney in our office.



**Congratulations we hit
92%
attendance this week.**

ASSEMBLY AWARDS presented 7/6/19



At each assembly, a 'Powerful Learner Award' is presented to two students from each class. These awards are presented to students who have displayed an outstanding attitude towards their schooling.

Mrs Bartlett: Lexie L & Imogen B

Lesia: Zahra C & Skyla K

Mrs Loveday: Ruby G & Halle B

Miss Viki: Daniel D & Belle L

Miss Bosworth: Zeke D & Ella M

Mrs Lane: Jayden D & Lexus M

Georgia: Sam H & Jenson K

Mrs James: KC G & Onadee M

Prue and Rawling: Raph C-S & Della S

Miss Shearer: Logan B & Liam L

Mrs Liscombe: Matilda A & Xander H

PEDAL PRIX – 6 HOUR VICTORIA PARK RACE

Pedal Prix is a racing sport that our school has been part of for many years. It is open to Year 5's to year 7's. It's a really fun way to keep you fit and healthy and we encourage more people to give it a go.

At the start of the year we fixed up the Vortex Pedal Prix Car and took it to race in the Loxton 6 hour race, where we were placed 5th out of 33 Primary School Teams.

On Sunday the 16th of June our team raced our bike, the Vortex at the Victoria Park 6 hour Race. The length of the track is 1.35km long, this is one lap. The race started at 10am and finished at 4pm, with riders racing the entire time. We had to be at Victoria Park by 7:30am to set up the pits and our team tent. The members of the team are James H, Bailey W, Deacon N, Finlay P, Josh T, Dylan C, Max H, Eden P, Zeke D, Cooper C, Cameron C, Lachlan B, Josh B, Hugh L and Caitlin D.

When the final flag dropped and the race had finished, our team had finished in 7th position out of 64 other Primary Schools. The average speed for the team was 28.49km/hr, we travelled a total of 172km, completing 127 laps and had 12 pit stops for the day.

Thanks to Lyn, Nikki, Trent and Alan for their help on the bike, teaching us what to eat and how to preserve our energy properly. Also thanks to all of the parents who volunteered and helped out on the day.

Written By Bailey W



BIGGEST MORNING TEA

This week the Future Leaders organised the annual Biggest Morning Tea. They worked hard over the last few weeks organising this event. They have been making posters, designing teapots and asking all students for donations of cakes and biscuits to sell.

We had an overwhelming amount of donations from chocolate muffins to fresh strawberries to flapjacks. The Future Leaders and Upper Primary students spent all their recess and lunch time selling the delicious cakes whilst the rest of the students enjoyed spending their money in exchange for some amazing treats. At the end of the day The Future Leaders raised an amazing **\$502.80** for Cancer Council!! So a huge shout out to all families who helped support the Biggest Morning Tea. THANK YOU VERY MUCH!!



KIARA T – CHARITY ‘LITTLE or LARGE’

Kiara T (year 6) has initiated a charity entitled ‘Little or Large’. Kiara has some beautiful cat and dogs toys that she has made herself, including chew toys and snuffle mats. These will be sold after school on Monday, Wednesday and Friday next week (week 9), from 3.00 to 3.30pm outside the library. All profits will go to animal charities. Please consider supporting Kiara with her charity endeavours.

