

Growing Harvesting Preparing Sharing

## **Polenta Corn Chips**

**MAKES: 50 corn chips** 

## **INGREDIENTS:**

- 1 cup polenta
- 2/3 cup plain flour
- ½ tsp salt
- ½ tsp sweet paprika
- 1 tsp baking powder
- ¼ cup olive oil
- ½ cup cold water
- 1 tsp sea salt



## **METHOD:**

- 1. Preheat oven to 200°C
- 2. Combine the polenta, flour, salt, sweet paprika and baking powder in a bowl
- 3. Add oil and ½ cup cold water. Mix to combine until it makes dough. The dough will feel quite wet
- 4. Divide the dough into two balls
- 5. Roll one ball between two sheets of baking paper until 1mm thick, using a rolling pin
- 6. Remove the top sheet of baking paper and sprinkle the dough with half the sea salt
- 7. Cover again with the paper and roll lightly to press in the salt
- 8. Lift the paper and dough onto a baking tray
- 9. Remove the top sheet of paper. Using a skewer, carefully make lines in the dough to form triangle shapes. The triangles should be approximately 5cm x 3cm
- 10. Repeat with the remaining ball of dough
- 11. Bake for 15-18 minutes or until golden and crisp
- 12. Cool on the tray, then break into the marked triangles