



# Silverbeet & Potato or Sweet Potato Torte

**SERVES: 30 TASTES** 

## **INGREDIENTS:**

## **For Pastry**

- 200g plain flour, plus extra for dusting
- ½ tsp salt
- 1 ½ tbsp. extra-virgin olive oil
- ½ cup cold water

# For the Filling

- 15 silverbeet leaves
- 2 tsp salt
- 2 medium potatoes or sweet potatoes, peeled and cut into quarters
- ½ onion, peeled and finely chopped
- 150g mozzarella, grated
- 1 handful of parsley, finely chopped
- 2 tbsp extra-virgin olive oil
- Freshly ground black pepper
- 1 egg

#### METHOD:

## To make and rest the pastry

- 1. Mix the flour and the salt in a large bowl and then create a well in the middle of the flour.
- 2. Mix the oil and water in a small bowl and then pour them into the well in the centre of the flour.
- 3. Use your hands to incorporate the liquid into the flour until the dough forms a ball.
- 4. Sprinkle flour onto a clean, dry workbench and knead the dough for 1 minute.
- 5. You can use the dough immediately. Otherwise, wrap it in plastic wrap and leave it until needed.



# To make the filling

- 1. Preheat the oven to 200°C.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Separate the green leaves and white stems of the sliverbeet.
- 4. Slice and finely chop the white stems into small pieces and place in a medium bowl.
- 5. Rinse each green piece of the sliverbeet and dry in the salad spinner. Roll each piece tightly and slice across the roll to form ribbons (this is called "shredding").
- 6. Put the leaves in the medium bowl with the stems, add the salt and mix.
- 7. Put the potatoes in the saucepan. Fill it with cold water and add a pinch of salt.
- 8. Bring the water to the boil over high heat. Reduce to a simmer and cook for 15 minutes.
- 9. While the potatoes are cooking, place the onion, mozzarella and parsley in the other large bowl.
- 10. Drain the potatoes and, when cooled a little, chop into bite-sized pieces. Place in the bowl with the onion, mozzarella and parsley, then mix in a tablespoon of oil.
- 11. Rinse the silverbeet leaves to remove the salt and squeeze dry with a clean tea towel. Add the silverbeet to the mix and grind over some pepper.
- 12. Add the egg and mix through thoroughly.

#### To make the torte

- 1. Brush the pizza tray with oil. Separate the pastry into two pieces, one twice the size of the other. Roll the large piece of pastry into a circle and lift it onto the tray.
- 2. Use the tablespoon to spread the potato and silverbeet mix on top, leaving an edge of about 5mm all the way around.
- 3. Roll the rest of the pastry into a circle lay it over the filling. Fold the bottom edge over the top then seal the edges with our fingers.
- 4. Prick the lid a few times with the fork. Brush with olive oil.
- 5. Bake for 25 minutes.