

KITCHEN GARDEN
FOUNDATION

## **Spring Onion Curry**

## **INGREDIENTS:**

- 2 bunches of spring onions
- 3 tbsp Besan/Kadalai Maavu (Chickpea Flour)
- ¼ tsp red chilli powder
- 2 tsp oil
- Salt to taste
- ¼ tsp Garam Masala
- ¼ tsp cumin seeds
- ¼ tsp mustard seeds
- Curry leaves 2-3 sprigs

## **METHOD:**

- 1. Wash and chop the spring onions finely (both the green and white part together).
- 2. Heat oil in a wok or frying pan and splutter the mustard seeds, cumin seeds and curry leaves. Then add the chopped spring onion and fry.
- 3. Add the salt and mix well.
- 4. Allow this to cook for 1-2 minutes.
- 5. Now add the besan, red chilli powder and garam masala and mix well.
- 6. Saute until the besan gets cooked.
- 7. Serve hot